

The GoodBack™ Clinic

The Goodback Scoliosis and Back Pain Clinic is run by Damien Mearns, ASMI therapist and is located in London Colney, Hertfordshire, within a short driving distance from London. The clinic uses the revolutionary ASMI machine (Advanced Spinal Mobilisation Instrument), in combination with other physical modalities such as pulsed ultrasound and electric muscle stimulation, to treat scoliosis, kyphosis and other back conditions, with impressive results.

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The ASMI Machine

The ASMI machine is a non-surgical device that aims to reduce the curvature of the spine caused by scoliosis. ASMI stands for Advanced Spinal Mobilisation Instrument. It works by stretching the tight ligaments that hold the vertebrae in the wrong position and stimulating the spinal reflexes to move them back to the correct alignment. ASMI machine can produce significant improvements in the scoliosis curve, as well as reduce pain and other symptoms.

Read more: <https://goodback.co.uk/2020/09/29/how-to-reduce-scoliosis-curves-with-the-asmi>

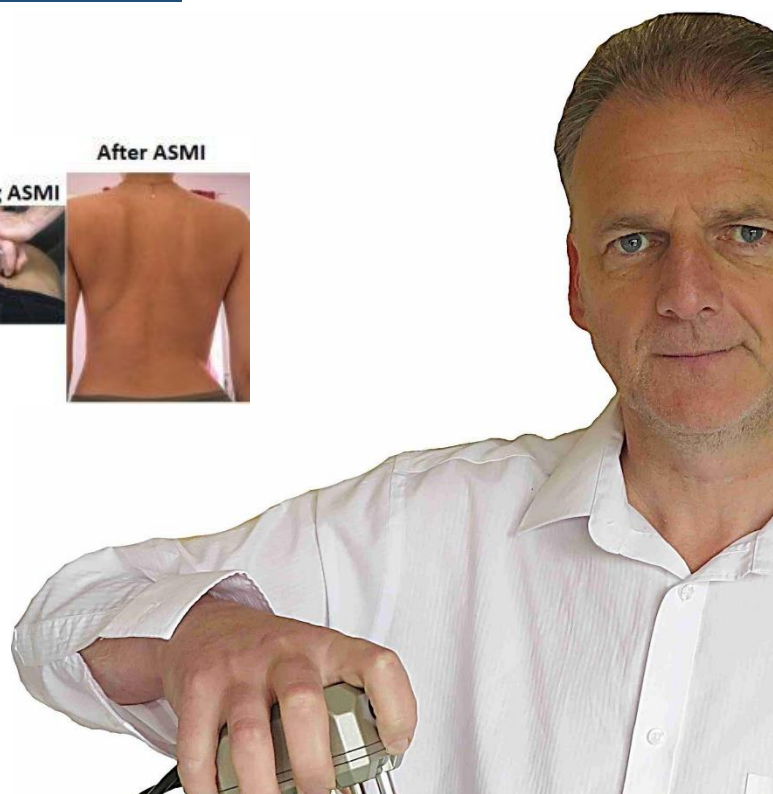
Before & After Photos and Videos

Client Testimonials and Before and After photos and videos can be found at www.goodback.co.uk



Damien Mearns

Damien Mearns was trained by Irene Phillips, the first osteopath in the world who used the ASMI machine. Damien's treatment plans are based on techniques developed by Dr. Paul Sherwood (Deceased), Consultant at St Barts Hospital and Harley Street physician. Damien combines the use of ASMI with pulsed Ultrasound, EMS and Infrared therapy, for optimal results.



Previous Press Coverage

What Doctors Don't Tell You Magazine, September 2015

Article: New Hights

Excerpt (Joanna Evans):

“Scoliosis sufferer Damien Mearns was told he'd end up in a wheelchair. But thanks to ground-breaking alternative therapies, he actually manages to straighten the curve in his spine, and now dances ballet.”



St. Albans Film Festival, July 2017

Film: Scoliosis Back to Back by Natasha Rose Lisle

Excerpt:

Damien is another individual, who is keen to assist others, after suffering with scoliosis for countless years.

"When I look back now, I think that I've probably had it when I was a child. They said it's a very bad scoliosis and you are going to need to have an operation on that one and if you don't have the operation you will be in a wheelchair by the time you are thirty.

And I said no. So by the time I was 29, there I was, I had a broken back, I had a broken bank account and I had a broken heart and I ambled into Covent Garden Therapy Rooms and I saw a leaflet for a Rolfer Alan Richardson and the leaflet had a picture of a human drawn in squares, all out of a line, and I thought... that's me."

After a few sessions of Rolwing, Damien progresses to the Power Assisted Mobilisation Machine. He now uses it to help others with similar conditions.



BBC Three Counties Radio, other Radios and Podcasts

September 2016

In 2016, Damien was invited by The BBC team to participate as guest speaker at a radio show By BBC Three Counties Radio.

Damien answered questions about the ASMI scoliosis treatment plan and shared his personal journey of healing scoliosis with the listeners.

Damien has also appeared on other radio stations and podcast, including the Verulam Radio, sharing his know-how of non-surgical solutions to Scoliosis.



Facebook Group: Scoliosis Cures and Pain Relief

This public Facebook group with **13k+ members** focuses on non-surgical solutions to Scoliosis and is maintained by The GoodBack™ Clinic.

Press Enquiries:

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